



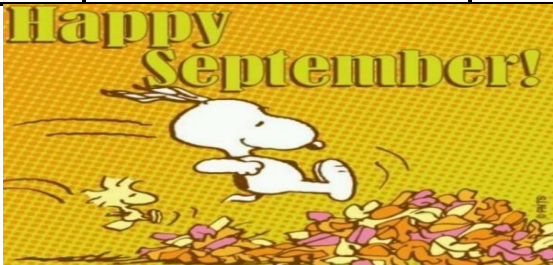



September 2024

Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Happy Labor Day!</p> <p>2</p> 	<p>3</p> <p>Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>4</p> <p>Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie</p>	<p>5</p> <p>Pork Loin 1/2c Buttered Pasta 1/2c Green beans 1 Wheat Bread 1/2c Peach Crisp</p> <p>NEW ITEM</p>	<p>6</p> <p>4oz Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Coleslaw 2 White Bread Seasonal Fresh Fruit</p>
<p>9</p> <p>1c Pizza Casserole 1/2c Wax Beans 1/2 c Corn 1 White Bread 1/2c Pudding</p>	<p>10</p> <p>Sweet & Sour Pork 1/2c. Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c. Apple Crisp</p>	<p>11</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Crackers 1 Dinner Roll 1/2c Gelatin</p> 	<p>12</p> <p>12th Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad W/Tomato 1 Breadstick Fresh Fruit</p>	<p>13</p> <p>BIRTHDAY BASH! / Homemade Fixin's Ham & Potatoes AuGratin Green Beans Corn Bread</p> <p>To-Go Meal</p> 
<p>16</p> <p>Swiss Steak w/ 2oz Onion Gravy 1/2 c. Cubed Parsley Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	<p>17</p> <p>Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese</p>	<p>18</p> <p>Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges</p> <p>NEW ITEM</p>	<p>19</p> <p>Baked Lemon Pepper Fish 1/2c Rice Pilaf 1/2c Green Beans Dinner Roll Seasonal Fresh Fruit</p>	<p>20</p> <p>Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 Wheat Bread 1/2c Gelatin</p> <p>NEW ITEM</p>
<p>23</p> <p>Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie</p>	<p>24</p> <p>Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>	<p>25</p> <p>Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chick 1t Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup Dinner Roll 1/2c Blushed Pears</p>	<p>26</p> <p>Omelet w/ Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>27</p> <p>Homemade Fixin's Stuffed Peppers Linguini Bread</p> <p>To-Go Meal</p> 
<p>30</p> <p>Pot Roast w/ Gravy 1/2c Ranch Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Peach Cup</p>				

*menu subject to change

*** Served daily: 8 ounces Milk and 1 tablespoon Margarine